CONTEMPORARY HEALTH

High-Quality Instructional Materials Review Rubric

Grade Range: K-8

Evaluator			Rating Committee		
Publisher					
Title of Textb	Title of Textbook Series/Instructional Program				
Grade Range of Textbook Series/Instructional Program				Specific Grade Evaluated	
Publisher in	Publisher indicated curriculum type: Comprehensive Curriculum Complementary Curriculum				

This evaluation rubric is designed to evaluate how well instructional materials align with the <u>Mississippi College—and Career—Readiness Standards (MCCRS) for Contemporary Health</u> and other criteria for high-quality instructional materials for contemporary health. The rubric includes key considerations for high-quality instructional materials and outlines three **Gateways** for consideration when evaluating materials. Within each **Gateway**, **Criterion**, and related **Indicators** are provided along with **Guiding/Key Questions** and **Evidence**.



The evaluation rubric is designed to allow reviewers to determine a threshold for quality for each gateway. Remember to focus on what is present in the instructional materials and any ancillary or complementary resources rather than what might be inferred. All scores should be based on evidence observed from the instructional materials themselves.



Scoring Protocol and Criteria:

- No evidence (0): There is no correlation between the standards and lessons; a logical sequence of content cannot be identified, and significant content inaccuracies appear to exist. Essential understandings, knowledge, or skills are not addressed, and opportunities to practice essential skills are not included.
- Limited (1 or 2): Limited connections between the standards and the lessons are noted. Content contains some inaccuracies and is not always clear. Essential understandings, knowledge, or skills are not addressed sufficiently, and there are limited opportunities for students to practice essential skills.
- Adequate (2 or 4): Lessons are aligned with the standards; the content appears accurate and clear, and follows a sequential order. Most essential understandings, knowledge, and skills are supported, and numerous opportunities are provided for students to practice these essential skills.

The High-Quality Instructional Materials Review Rubric is comprised of three sections:

Gateway 1: Alignment to Standards - This is a requirement for submission.

→ Advance to Gateway 2 only if Gateway 1 scores at least **10 points**.

Gateway 2: Rigor and Instructional Practices - This is a requirement for submission.

→ Advance to Gateway 3 only if Gateway 2 scores at least 9 points.

Gateway 3: Usability

GATEWAY 1

Alignment to Standards - This is a requirement for submission.

High-quality contemporary health materials are coherent and aligned with the MCCRS for K-8 Contemporary Health to support critical thinking, teamwork, and problem-solving skills. To determine the Gateway rating, educators use evidence gathered from the instructional materials to assess indicators related to each criterion.

- Criterion 1.1 (1a 1e): Alignment and Accuracy 12 possible points Materials adequately address the MCCRS for K-8 Contemporary Health.
- Criterion 1.2 (1f 1k): Learning Progressions and Coherence 12 possible points Materials address the learning progressions emphasized in the standards, ensuring that the curriculum is coherent both within grades and across grade bands, and aligns consistently with the progressions in the MCCRS for K-8 Contemporary Health.

Criterion 1.1: ALIGNMENT AND ACCURACY				
INDICATORS OF SUPERIOR QUALITY	GUIDING QUESTIONS	EVIDENCE OF HOW THE MATERIALS	SCORE	
COMPREHENSIVE CURRICULUM: 1a. Materials align with the K-8 Contemporary Health curriculum. (4 points)	 Does each lesson show the specific standards that are addressed in the materials? Have all aspects or part of the standards been addressed? Does the lesson thoroughly address the content of the standards? Is complexity evident in the materials? 	 Address grade-level or content- appropriate standards. Ensure students reach grade-level proficiency while engaging in physical education. 	0 2 4	
COMPLEMENTARY CURRICULUM: 1a. Materials align with at least 50 percent of the K-8 Contemporary Health curriculum. (4 points)	 Does at least 50% of the lessons show the specific standards that are addressed in the materials? Are at least 50% of the aspects or part of the standards been addressed? Does the lesson thoroughly address the content of the standards? Is complexity evident in the materials? 	 Address grade-level or content- appropriate standards. Ensure students reach grade-level proficiency while engaging in physical education. 	0 2 4	

1b. Materials align to research-based instructional practices associated with contemporary health. (2 points)	 Do the materials align to research-based instructional practices? 	 Identify and reference research-based strategies that are used in the material's design. 	0 1 2
1c. Materials include activities that develop skills to maintain a healthy behaviors and individual well-being. (2 points)	 Do the materials encourage students to identify healthy behaviors? Do the materials prepare students to develop fitness and nutritional plans? 	 Include demonstrations that teach students how to identify healthy behaviors. Include information and scaffolding that teach students how to develop fitness and nutritional plans. 	0 1 2
1d. Materials include content and activities that enable students to identify examples of mental, emotional, social and physical health. (2 points)	Do the materials incorporate activities that allow students to practice effective communication with their peers?	 Allow students to practice responsible social behavior. Enable students to consider their interaction with peers. 	0 1 2
1e. Materials include of a mixture of instructional strategies (e.g., discussions, modeling, student activities, projects, etc.). (2 points)	Do materials allow for a variety of instructional strategies within the lessons and across the curriculum?	Provide opportunities for students to show learning through a variety of instructional strategies.	0 1 2

TOTAL SCORE CRITERION 1.1

Meets: 10-12 points | Partially Meets: 7-9 points | Does Not Meet: 0-6 points

Criterion 1.2: LEARNING PROGRESSIONS and COHERENCE

INDICATORS OF SUPERIOR QUALITY	GUIDING QUESTIONS	EVIDENCE OF HOW THE MATERIALS	SCORE
1f. Materials provide a coherent sequence or collection of activities and texts that build content knowledge, vocabulary, and skills. (2 points)	Is the amount of time for content and skills explicitly identified and coherent?	 Create an intentional sequence. Reflect development and knowledge of the skills taught. 	0 1 2
1g. Materials make connections to contemporary health skills covered in past lessons, allowing students to connect new learning with past knowledge. (2 points)	Are past topics and lessons referenced as new concepts are added?	Integrate previous learning.	0 1 2

1h. Materials incorporate comprehensive personal health plans to support the lifelong health goals and decision-making of all students. (2 points)	Do the materials incorporate lessons that explain the health goals?	Include information and evidence that teaches the healthy goals and expresses the positive feelings they gain.	0 1 2
1i. Materials include activities that help students identify health problems that should be detected and treated early and explain how childhood injuries and illnesses can be prevented or treated. (2 points)	How do materials provide support for students to develop a variety of health problems?	Identify health problems and treatment.	0 1 2
1j. Materials support the development of self- management, attitudes, and competence needed to maintain healthy life outside of school and throughout their lives. (2 points)	 How do materials provide individual support through grades K-12? How do materials provide individual support for students to continue to develop lifelong skills? 	Show development progressions across grade bands.	0 1 2
1k. Materials are appropriate to the grade- level and considers students' prior knowledge to incorporate this knowledge into the lesson and/or cover material not previously covered. (2 points)	 Is content grade-level appropriate? Does content build upon skills students should know from previous lessons? Are the students given opportunities to incorporate different subject areas in physical education? 	 Provide opportunities for students to build vertical content knowledge by accessing prior knowledge and understanding of concept. Support cross-curricular inclusion opportunities through different activities. 	0 1 2
	Meets: 10-12 points Partially Meets	TOTAL SCORE CRITERION 1.2 : 7-9 points Does Not Meet: 0-6 points	

Gateway 1 Points AVAILABLE	Gateway 1 Points ACHIEVED	GATEWAY 1 RATING
		Meets (score of 19-24 points) PROCEED TO GATEWAY 2
24		☐ Partially Meets (score of 13-18 points) PROCEED TO GATEWAY 2
	Sum of points from Criterion 1.1 and 1.2	☐ Does Not Meet (score of 0-12 points) STOP REVIEW

GATEWAY 2

Rigor and Instructional Practices - This is a requirement for submission.

Gateway 2 examines how materials support students in meeting the rigorous standards in the contemporary health framework.

- Criterion 2.1 (2a 2c): Student Learning 8 possible points Materials identify ways in which materials are designed for each student's regular and active participation in grade-level/grade band/series content.
- Criterion 2.2 (2d 2f): Instructional Design 6 possible points Materials align with student-centered practices and allow opportunities for students to explore content.

INDICATORS OF SUPERIOR QUALITY	GUIDING QUESTIONS	EVIDENCE OF HOW THE MATERIALS	SCORE
2a. Materials provide appropriate level and type of scaffolding, differentiation, intervention, and support for a broad range of learners. (4 points)	 Do materials provide teachers with strategies for meeting a range of learner needs? Supports diverse cultural and linguistic backgrounds, interests, and styles; Provides extra support for students working below grade level; Provides extensions for students with high interest or working above grade level. 	 Provide specific strategies and supporting for differentiating instruction. Provide a comprehensive strategic support system for students to maintain consistent and active involvement in their learning. 	0 2 4
2b. Materials within each lesson provide multiple representations by adapting for a variety of different types of learners using alternatives to reading, writing, listening, and speaking such as translations, pictures, or graphic organizers. (2 points)	Do materials provide multiple representations for different types of learners?	 Provide tasks with multiple entry points. Use a variety of representations to engage students with grade-level or course-level content. Include activities that utilize visuals to establish necessary background knowledge on new or unfamiliar themes or topics in an appropriate manner. 	0 1 2

2c. Assessment methods are varied, making them accessible to all students and do not penalize or reward students due to exceptionalities. (2 points)	 Are assessment methods varied to all accessibility for all types of students? Is guidance consistently provided to teachers on how to interpret student understandings? 	 Provide resources (e.g., sample student responses, rubrics, scoring guidelines, and open-ended feedback) for scoring purposes. Provide guidance to teachers to interpret student understanding. Provide opportunities for students to show learning through annotated drawings, classroom observations, oral responses, and presentations, use of glossaries and home language, performance assessments, and portfolios. 	0 1 2
	Meets: 7-8 points Partially Meets	TOTAL SCORE CRITERION 2.1 s: 5-6 points Does Not Meet: 0-4 points	

Criterion 2.2 INSTRUCTIONAL DESIGN

INDICATORS OF SUPERIOR QUALITY	GUIDING QUESTIONS	EVIDENCE OF HOW THE MATERIALS	SCORE
2d. Materials include a mixture of instructional strategies (i.e., discussions, modeling, student activities, projects). (2 points)	 Do materials allow for a variety of instructional strategies within the lessons and across the curriculum? 	 Leverage the use of a variety of formats and methods over time to deepen student understanding and ability to explain and apply content concepts. 	0 1 2
2e. Students are provided with opportunities to work collaboratively. (2 points)	 Do the materials include activities that allow students to work collaboratively? 	Support collaboration between teacher to student or student to student.	0 1 2
2f. Students are provided with opportunities to explore and provide solutions to open-ended prompts, connect content with real-world applications, and reflect on their learning. (2 points)	Are students provided with opportunities to explore open-ended prompts and reflect on their own learning?	 Provide opportunities for students to learn from relevant information that examine real-world scenarios. Students will explore and conduct indepth analysis of contemporary issues, aiming to provide comprehensive insights into current challenges, complexities, and innovation solutions within the field. 	0 1 2

TOTAL SCORE CRITERION 2.2

Meets: 5-6 points | Partially Meets: 3-4 points | Does Not Meet: 0-2 points

Gateway 2 Points AVAILABLE	Gateway 2 Points ACHIEVED	GATEWAY 2 RATING
		Meets (score of 11-14 points) PROCEED TO GATEWAY 2
14		☐ Partially Meets (score of 8-10 points) PROCEED TO GATEWAY 2
	Sum of points from Criterion 2.1 and 2.2	☐ Does Not Meet (score of 0-7 points) STOP REVIEW

GATEWAY 3

Usability

The materials support teachers in fully utilizing the curriculum, understanding their students' skills and learning, and supporting a range of learners. To determine the Gateway rating, educators use evidence from the instructional materials to score indicators related to each criterion.

- Criterion 3.1 (3a 3d): Teacher Supports 8 possible points Materials include resources for teachers to plan and implement materials with integrity effectively and to develop their professional learning further.
- Criterion 3.2 (3e 3h): Assessment 12 possible points Materials include a system of assessments that identify how materials provide tools, guidance, and support for teachers to collect, interpret, and act on data about student progress toward the standards.
- Criterion 3.3 (3i 3q): Student Supports 18 possible points Materials are designed for students' regular and active participation in grade-level/grade-band/series content.
- Criterion 3.4 (3r 3u): Intentional Design 8 possible points Materials are visually engaging and reference or integrate digital technology (when applicable), with teacher guidance.

Criterion 3.1: TEACHER SUPPORTS			
INDICATORS OF SUPERIOR QUALITY	GUIDING QUESTIONS	EVIDENCE OF HOW THE MATERIALS	SCORE
3a. Materials provide teacher guidance with useful annotations and suggestions for how to enact the student materials and ancillary materials, with specific attention to engaging students to guide their development. (2 points)	Do the materials offer comprehensive guidance, including detailed annotations and actionable suggestions, to assist teachers in implementing both student and ancillary materials, specifically focusing on engaging students to facilitate their developmental progress?	 Provide overview sections, annotations, narrative information or other documents that will assist the teacher in planning instruction, including strategies and guidance for presenting the content. Include guidance on identifying and addressing student errors and misconceptions in the planning phase. Contain adult-level explanations and examples of the more complex gradelevel or course-level concepts and 	0 1 2

		concepts beyond the current course to that teachers can improve their own knowledge of the subject.	
3b. Materials include standards correlation information that explains the role of the standards in the context of the overall series. (2 points)	 Do the materials include standards correlation information, including college- and career-ready or career- technical based standards, that explains the role of the standards in the context of the overall series? 		0 1 2
3c. Materials provide strategies for informing all stakeholders, including students, parents, or caregivers about the program and suggestions for how they can help support student progress and achievement. (2 points)	Do the materials provide strategies for informing all stakeholders, including students, parents, or caregivers about the program and suggestions for how they can help support student progress and achievement?	 Contain strategies for informing students, parents, and/or caregivers about the technology and computer science their student is learning. Provide forms of communication with parents and caregivers, including for families that may speak and read in a language other than English. Contain suggestions for how parents or caregivers can support student progress and achievement. 	0 1 2
3d. Materials provide a comprehensive list of supplies needed to support instructional activities. (2 points)	 Does the curriculum provide a comprehensive list of required materials/supplies needed to support instructional materials? 	Provide a comprehensive list of all digital and print materials needed to complete the instructional activities.	0 1 2
	Meets: 7-8 points Partially Meets	TOTAL SCORE CRITERION 3.1 : 5-6 points Does Not Meet: 0-4 points	
Criterion 3.2: ASSESSMENTS			
INDICATORS OF SUPERIOR QUALITY	GUIDING QUESTIONS	EVIDENCE OF HOW THE MATERIALS	SCORE
3e. Assessment information is included in the materials to indicate which standards are assessed. (2 points)	 Do the standards correlations or assessment guidance documents indicate if all standards for the content area are assessed by the end of the year? 		0 1 2

3f. Assessment system provides multiple opportunities throughout the grade, course, and/or series to determine students' learning and sufficient guidance to teachers for interpreting student performance and suggestions for follow-up. (4 points)	 Do the materials include multiple types of formative and summative assessments? Does the assessment system provide sufficient guidance to teachers for interpreting student performance and suggestions for follow-up? Is guidance consistently provided to teachers on how to interpret student understandings? 	 Provide resources (e.g., sample student responses, rubrics, scoring guidelines, and open-ended feedback) for scoring purposes. Provide guidance to teachers to interpret student understanding. Provide teachers guidance to respond to student needs elicited by the assessment. Provide opportunities for students to show learning through annotated drawings, classroom observations, oral responses, and presentations, use of glossaries and home language, performance assessments, and portfolios. 	0 2 4
3g. Assessments include opportunities for students to demonstrate the full intent of grade-level/course-level standards and practices across the series. (4 points)	 Do the assessments include a variety of modalities (e.g., writing, illustrating, demonstrating, modeling, oral presentations, and performance tasks) and how are they used across different assessments? Do the assessment tasks incorporate sufficient complexity to assess the depth of the performance expectations? 	 Provide opportunities for different types of modalities (e.g., writing, illustrating, demonstrating, modeling, oral presentations, and performance tasks). Provide opportunities for different types of items used for student assessments and how they are used to measure student performance (e.g., performance tasks, discussion questions, constructed response questions, project- or problem- based tasks, portfolios, justified multiple-choice). 	0 2 4
3h. Assessments offer accommodations that allow students to demonstrate their knowledge and skills without changing the content of the assessment. (2 points)	 Do materials incorporate accommodations in assessments that maintain the assessment's content while enabling students to demonstrate their knowledge and skills effectively? Is guidance provided for teachers to 	Describe where and how accommodations are offered that ensure all students can access the assessment, (e.g., text-to-speech, increased font size, etc.) without changing the content of the assessment.	0 1 2

use the accommodations?	 Provide guidance for teachers to accommodate students, including those in special populations, without altering grade-level or course expectations or the content of the assessment. 	
	TOTAL COORE ORITERION OF	

TOTAL SCORE CRITERION 3.2

Meets: 10-12 points | Partially Meets: 7-9 points | Does Not Meet: 0-6 points

Criterion 3.3: STUDENT SUPPORTS

INDICATORS OF SUPERIOR QUALITY	GUIDING QUESTIONS	EVIDENCE OF HOW THE MATERIALS	S SCORE	
3i. Materials provide strategies and supports for students in special populations to support their regular and active participation in physical education. (2 points)	 Do materials provide differentiation supports to sufficiently engage students? Do the materials include overarching guidance on strategies and accommodations for special populations? 	 Describe where and how accommodations are offered that ensure all students can access the materials, (e.g., text-to-speech, increased font size, etc.) without changing the content of the materials. Provide guidance for teachers to accommodate students without altering grade-level or course expectations. 	0 1 2	
3j. Materials provide extensions and/or opportunities for students to engage with physical education at higher levels of complexity. (2 points)	What opportunities do students have to develop and apply higher-level thinking?	 Suggest strategies and supports for students' exploration of grade-level or course-level content at a higher level of complexity, not students completing additional tasks, but as an extension of their learning. Provide opportunities for students to develop and apply higher-level thinking. 	0 1 2	
3k. Materials provide varied approaches to learning tasks over time and variety in how students are expected to demonstrate their learning with opportunities for students to monitor their learning. (2 points)	 What approaches to presentation of material are provided? What approaches are provided for students to demonstrate and monitor their learning? 	Provide opportunities for students to share their thinking, demonstrate changes in their thinking over time, and apply their understanding in new contexts.	0 1 2	

	Do the approaches to presentation and demonstration of learning vary over the course of the year?	 Leverage the use of a variety of formats and methods over time to deepen student understanding and ability to explain and apply content concepts. Provide opportunities for students to monitor and deepen their own learning, using ongoing review, either oral or written feedback, practice, and self-reflection. 	
3I. Materials provide opportunities for teachers to use a variety of grouping strategies. (2 points)	 How and where do the materials provide guidance for the teacher on how and when to use specific grouping strategies? 	 Describe for the teacher how and where to group students in a variety of grouping formats. Provide for meaningful interaction among students, such as in large or small groups, pairs, etc. 	0 1 2
3m. Materials provide strategies and supports for students who read, write, and/or speak in a language other than English to regularly participate in learning. (2 points)	Where do materials provide appropriate support, and accommodations for EL students that will support their regular and active participation in learning?	 Provide strategies and opportunities for speaking, listening, reading, and writing to develop practices and knowledge of the subject matter, including scaffolding up to and within gradelevel or course-level work. Provide teacher guidance to support EL students. Provide guidance that help teachers identify and follow up on whether the student has challenges in content vs. language acquisition, as well as identify when students may have misconceptions about content vs. language demand, to ensure the two are not conflated. 	0 1 2
3n. Materials provide a balance of images or information about people, representing various demographic and physical characteristics. (2 points)	 Are depictions of demographics or physical characteristics portrayed positively across the curriculum? 	 Provide positive, diverse, and balanced depictions of individuals of different genders, races, ethnicities, and other physical characteristics engaging in and able to do the work. 	0 1 2

30. Materials provide guidance to encourage teachers to draw upon student home language to facilitate learning. (2 points)	 Do the materials include instruction on how to garner information of a student's home language that will aid in learning? 	 Provide suggestions and strategies for how to allow the use of the home language to support students in learning technology and computer science. Present multilingualism as an asset in reading and learning. 	0 1 2
3p. Materials provide guidance to encourage teachers to draw upon student cultural and social backgrounds to facilitate learning. (2 points)	How well do the materials connect to the students' funds of knowledge, culture, or community?	 Make connections to students' linguistic and cultural backgrounds to facilitate learning. Provide opportunities for students to feel acknowledged, e.g., asked to create personal problems based on customs of their own home culture. 	0 1 2
3q. Materials provide supports for different reading levels to ensure accessibility for students. (2 points)	How and where do the materials include specific supports or strategies to modify lessons or activities for students who read, write, speak, or listen below grade level?	 Provide tasks with multiple entry points. Use a variety of representations to engage students with grade-level or course-level content. Include pre-reading activities that utilize visuals to establish necessary background knowledge on new or unfamiliar themes or topics in an appropriate manner. 	0 1 2
	Meets: 15-18 points Partially Meets: 1	TOTAL SCORE CRITERION 3.3 0-14 points Does Not Meet: 0-9 points	
Criterion 3.4: INTENTIONAL DESIGN			
INDICATORS OF SUPERIOR QUALITY	GUIDING QUESTIONS	EVIDENCE OF HOW THE MATERIALS	SCORE
3r. Materials integrate technology such as	Do the materials integrate digital	Connect and support the learning	0 1 2

technology and interactive tools in ways

that support student engagement in

content?

objectives.

interactive tools, virtual manipulatives/objects,

and/ or dynamic software in ways that engage

students in the grade-level/series standards,

when applicable. (2 points)

3s. Materials include or reference digital technology that provides opportunities for teachers and/or students to collaborate with each other, when applicable. (2 points)	 Do the digital materials provide opportunities for teachers and/or students to collaborate with each other? 	Support collaboration between teacher to teacher, teacher to student, or student to student.		1	2	
3t. The visual design (whether in print or digital) supports students in engaging thoughtfully with the subject and is neither distracting nor chaotic. (2 points)	Does the visual design support student learning and engagement, without being visually distracting?	 Provide images, graphics, and models that support student learning and engagement. Provide images, graphics, and models that clearly communicate information or support student understanding of topics, text, or concepts. Provide organizational features (e.g., Table of Contents, glossary, index, internal references, table headers, captions, etc.) clearly and accurately. 	0	1	2	
3u. Materials provide teacher guidance for the use of embedded technology to support and enhance student learning, when applicable. (2 points)	 Do the materials provide teacher guidance for the use of embedded technology to support and enhance student learning? Are the materials compatible with different Learning Management Systems and easily integrated within? Is the digital material compatible with applicable browsers? Are materials compatible with the hardware used in the school or district, like computers, tablets, or other devices? 	 Include guidance on use with an LMS. Work with the applicable browser if it is web-based. Are designed to work seamlessly with computers, tablets, etc. in use in the school or district. 	0	1	2	
TOTAL SCORE CRITERION 3.4 Meets: 7-8 points Partially Meets: 5-6 points Does Not Meet: 0-4 points						

Gateway 3 Points AVAILABLE	Gateway 3 Points ACHIEVED	GATEWAY 3 RATING
46	Sum of Criterion 3.1, 3.2, 3.3, and 3.4 points	 ☐ Meets (score of 35-46 points) ☐ Partially Meets (score of 24-34 points) ☐ Does Not Meet (score of 0-23 points)

TOTAL SCORE (Gateway 1, 2, and 3)						
GATEWAY 1	GATEWAY 1 GATEWAY 2 GATEWAY 3 GRAND TOTAL					
of 24 points	of 14 points	of 46 points	of 84 points			