CONTEMPORARY HEALTH

High-Quality Instructional Materials Review Rubric

Grade Range: K-8

Evaluator		Rating Committee	
Publisher			
Title of Textbook Series/Instructional Program			
Grade Range of Textbook Series/Instructional Program		Specific Grade Evaluated	

Publisher indicated curriculum type: ☐ **Comprehensive Curriculum** ☐ **Complementary Curriculum**

This evaluation rubric is designed to evaluate how well instructional materials align with the _Mississippi College—and Career—Readiness Standards (MCCRS) for Contemporary Health_ and other criteria for high-quality instructional materials for Contemporary Health. The evaluation rubric includes key considerations for high-quality instructional materials and outlines three **Gateways** for evaluating materials. Within each **Gateway**, **Criterion,** and related **Indicators** are provided along with **Guiding Questions** and **Evidence**.

The evaluation rubric is designed to allow reviewers to determine a threshold for quality for each gateway. Remember to focus on what is present in the instructional materials and any ancillary or complementary resources rather than what might be inferred. All scores should be based on evidence observed from the instructional materials themselves.

MISSISSIPPI DEPARTMENT OF EDUCATION

Scoring Protocol and Criteria:

- **No evidence (0):** There is no correlation between the standards and lessons; a logical sequence of content cannot be identified, significant content inaccuracies exist, essential understandings, knowledge, or skills are not addressed, and opportunities to practice essential skills are excluded.

- **Limited (1 or 2):** Limited connections between the standards and the lessons are noted; content may contain some inaccuracies or may not always be clear. Essential understandings, knowledge, or skills are not sufficiently addressed, and there is limited opportunity for students to practice essential skills.

- **Adequate (2 or 4):** Lessons align with the standards; content appears accurate, clear, and in sequential order. Most essential understandings, knowledge, and skills are supported, and many opportunities are provided for students to practice these essential skills.

The High-Quality Instructional Materials Review Rubric is comprised of three sections:

Gateway 1: Alignment to Standards - **This is a requirement for submission.**
→ Advance to Gateway 2 only if Gateway 1 scores at least **10 points.**

Gateway 2: Rigor and Instructional Practices - **This is a requirement for submission.**
→ Advance to Gateway 3 only if Gateway 2 scores at least **9 points.**

Gateway 3: Usability

GATEWAY 1

Alignment to Standards - This is a required submission component.

High-quality contemporary health materials are coherent and aligned to the *MCCRS for K-8 Contemporary Health* to support critical thinking, teamwork, and problem-solving skills. To determine the Gateway rating, educators use evidence from the instructional materials to score indicators related to each criterion.

- **Criterion 1.1 (1a – 1e): Alignment and Accuracy 12 possible points**
  Materials adequately address the *MCCRS for K-8 Contemporary Health*.

- **Criterion 1.2 (1f – 1k): Learning Progressions and Coherence 12 possible points**
  Materials address the learning progressions highlighted in the standards, ensuring that the curriculum is coherent both within grades and across grade bands and aligns consistently with the progressions in the *MCCRS for K-8 Contemporary Health*.

Criterion 1.1: ALIGNMENT AND ACCURACY			
INDICATORS OF SUPERIOR QUALITY	**GUIDING QUESTIONS**	**EVIDENCE OF HOW THE MATERIALS**	**SCORE**
COMPREHENSIVE CURRICULUM: **1a.** Materials fully align with 100% of the curriculum standards in the **K-8 Contemporary Health** curriculum. (4 points)	• Are the **Contemporary Health** standards clearly identified in each lesson? • Are the standards fully addressed? • Is the content rigorous and age-appropriate?	• Standards listed in lesson plans • Standards fully addressed • Grade-level complexity and depth	**0 2 4**
COMPLEMENTARY CURRICULUM: **1a.** Materials align with at least 50 percent of the **K-8 Contemporary Health** curriculum. (4 points)	• Are the **Contemporary Health** standards clearly identified in each lesson? • Are the standards at least 50 percent addressed? • Is the content rigorous and age-appropriate?	• Standards listed in lesson plans • Standards partially addressed • Grade-level complexity and depth	**0 2 4**
1b. Instructional approaches are grounded in proven, research-supported practices relevant to **contemporary health**. (2 points)	• Do materials use proven instructional strategies for **contemporary health** topics?	• Mention of educational research or evidence-based methods	**0 1 2**

INDICATORS OF SUPERIOR QUALITY	GUIDING QUESTIONS	EVIDENCE OF HOW THE MATERIALS	SCORE
	• Are research sources or references identified?	• Visible use of strategies like inquiry, modeling, or cooperative learning	
1c. Materials include varied and interactive activities that promote healthy behaviors and personal/community well-being. (2 points)	• Do materials guide students to identify and demonstrate healthy behaviors? • Are substance abuse prevention and environmental health addressed?	• Student activities identifying healthy behaviors (e.g., journaling, group discussion) • Demonstrations or role-plays showing healthy choices • Lessons on environmental/community health • Clear substance abuse prevention content	**0 1 2**
1d. Materials support identification of mental, emotional, social, and physical health, and include opportunities for peer communication and social skills practice. (2 points)	• Are all dimensions of health addressed? • Do students engage in activities that build communication and social responsibility?	• Activities analyzing different types of health (e.g., scenarios, self-assessments) • Communication practice (e.g., conflict resolution, peer collaboration) • Group activities or projects promoting social responsibility	**0 1 2**
1e. A range of instructional strategies is used (e.g., discussions, modeling, hands-on activities, and projects). (2 points)	• Are there varied teaching methods used (e.g., hands-on, discussions, projects)? • Do students have multiple ways to show what they've learned?	• Lesson plans with varied activities • Use of visuals, labs, simulations, or group work • Multiple assessment formats	**0 1 2**

TOTAL SCORE CRITERION 1.1

Meets: 10-12 points | **Partially Meets:** 7-9 points | **Does Not Meet:** 0-6 points

Criterion 1.2: LEARNING PROGRESSIONS and COHERENCE

INDICATORS OF SUPERIOR QUALITY	GUIDING QUESTIONS	EVIDENCE OF HOW THE MATERIALS	SCORE
1f. Materials follow a clear and logical progression of activities and texts that develop students' knowledge, vocabulary, and skills over time. (2 points)	• Is the content delivered in a clear, logical sequence? • Does it intentionally build knowledge and skills over time?	• Pacing guides or unit plans • Progression of complexity in tasks • Clear learning timelines	**0 1 2**

1g. Content links new concepts to previously taught skills, helping students integrate and apply past knowledge. (2 points)	• Are past lessons referenced when introducing new material? • Do students make meaningful connections between past and current content?	• Spiral review or references to prior units • Reinforcement of previously learned skills	**0 1 2**
1h. Materials develop students' communication, cooperation, and advocacy skills to build healthy relationships. (2 points)	• Do materials include lessons that explain and demonstrate healthy relationship skills? • Are students given opportunities to practice these skills?	• Lessons on communication, empathy, and respect • Role plays, peer interactions, or group discussions • Real-life scenarios or examples of healthy relationships	**0 1 2**
1i. Materials include activities that help students recognize, prevent, and respond to health problems and safety risks. (2 points)	• Do lessons help students identify common health problems and when to seek help? • Is safety and prevention of accidents covered?	• Content on symptoms, treatments, and prevention • Scenarios and decision-making activities • Safety procedures, emergency response lessons	**0 1 2**
1j. Materials support lifelong self-management skills, attitudes, and health habits across all grade levels. (2 points)	• Do materials support the development of self-management and healthy attitudes throughout a student's school life? • Are there clear progressions across grade bands?	• Self-regulation, goal-setting, and decision-making lessons • Skills presented progressively (e.g., simple in K-2, complex in high school) • Support for personal goal tracking and health planning	**0 1 2**
1k. Content matches the appropriate grade level and intentionally builds on students' prior knowledge to address gaps or extend understanding. (2 points)	• Is the content appropriate for the target grade? • Does it build on what students are expected to know already?	• Alignment with grade-level standards • Activities that activate or assess prior knowledge	**0 1 2**
TOTAL SCORE CRITERION 1.2 **Meets:** 10-12 points | **Partially Meets:** 7-9 points | **Does Not Meet:** 0-6 points			

Gateway 1 Points AVAILABLE	Gateway 1 Points ACHIEVED	GATEWAY 1 RATING
24	Sum of points from Criterion 1.1 and 1.2	☐ **Meets** (score of 19-24 points) **PROCEED TO GATEWAY 2** ☐ **Partially Meets** (score of 13-18 points) **PROCEED TO GATEWAY 2** ☐ **Does Not Meet** (score of 0-12 points) **STOP REVIEW**

GATEWAY 2

Rigor and Instructional Practices - This is a requirement for submission.

Gateway 2 examines how materials support students in meeting the rigorous standards and expectations of the contemporary health framework.

- **Criterion 2.1 (2a – 2c): Student Learning 8 possible points**
  Materials identify ways in which materials are designed for each student's regular and active participation in grade-level/grade band/series content.

- **Criterion 2.2 (2d – 2f): Instructional Design 8 possible points**
  Materials align with student-centered practices, offering students opportunities to explore the content.

Criterion 2.1: STUDENT LEARNING			
INDICATORS OF SUPERIOR QUALITY	**GUIDING QUESTIONS**	**EVIDENCE OF HOW THE MATERIALS**	**SCORE**
2a. Materials offer appropriate scaffolds, interventions, and extensions to support diverse learner needs, including students below, at, or above grade level. (4 points)	• Are there strategies for supporting a range of learners? • Is there support for struggling and advanced students?	• Differentiated tasks and extensions • Scaffolds for below-grade-level learners • Guidance for teacher adjustments	**0 2 4**
2b. Lessons use varied formats (e.g., visuals, graphic organizers, translations) to meet the needs of learners who benefit from alternatives to traditional reading, writing, speaking, or listening. (2 points)	• Do materials support various learning styles? • Are concepts represented visually, verbally, and interactively?	• Graphic organizers, images, translations • Activities with multiple entry points	**0 1 2**
2c. Assessments are flexible and accessible, allowing students to demonstrate learning in various ways without being limited by exceptionalities. (2 points)	• Are assessment methods diverse and accessible? • Do they allow for equitable demonstration of understanding?	• Rubrics, portfolios, oral assessments, drawings • Guidance for interpreting responses • Accessible formats for exceptional learners	**0 1 2**
TOTAL SCORE CRITERION 2.1 **Meets:** 7-8 points | **Partially Meets:** 5-6 points | **Does Not Meet:** 0-4 points			

Criterion 2.2 INSTRUCTIONAL DESIGN

INDICATORS OF SUPERIOR QUALITY	GUIDING QUESTIONS	EVIDENCE OF HOW THE MATERIALS	SCORE
2d. Lessons use a variety of instructional strategies (e.g., discussions, modeling, hands-on activities, and projects) to support learning and engagement. (2 points)	• Are multiple instructional methods used (e.g., discussions, modeling, projects)? • Do lessons vary in format over time to deepen understanding?	• Lesson plans show use of varied formats (group work, labs, visual tools) • Strategies clearly align with learning goals	**0 1 2**
2e. Students have regular opportunities to collaborate with peers or teachers to build understanding and teamwork skills. (2 points)	• Do materials include opportunities for peer or teacher-student collaboration? • Are group tasks or peer discussions incorporated?	• Partner/group work activities • Collaborative protocols (e.g., think-pair-share, jigsaw) • Teacher-facilitated discussions	**0 1 2**
2f. Students engage with open-ended questions, real-life scenarios, and reflective activities that promote problem-solving and personal insight. (2 points)	• Are students prompted to explore open-ended questions or real-world issues? • Do they reflect on learning and propose solutions?	• Activities involving real-world scenarios or case studies • Open-ended writing or presentation tasks • Reflection journals or solution-focused projects	**0 1 2**
TOTAL SCORE CRITERION 2.2 **Meets:** 5-6 points | **Partially Meets:** 3-4 points | **Does Not Meet:** 0-2 points			

Gateway 2 Points **AVAILABLE**	Gateway 2 Points **ACHIEVED**	GATEWAY 2 RATING
14	Sum of points from Criterion 2.1 and 2.2	☐ **Meets** (score of 11-14 points) **PROCEED TO GATEWAY 2** ☐ **Partially Meets** (score of 8-10 points) **PROCEED TO GATEWAY 2** ☐ **Does Not Meet** (score of 0-7 points) **STOP REVIEW**

GATEWAY 3

Usability

The materials support teachers in fully utilizing the curriculum, understanding their students' skills and learning needs, and accommodating a range of learners. To determine the Gateway rating, educators use evidence gathered from the instructional materials to score indicators related to each criterion.

- **Criterion 3.1 (3a – 3d): Teacher Supports eight possible points**
  Materials include resources for teachers to plan and implement materials with integrity effectively, as well as to further develop their professional learning.

- **Criterion 3.2 (3e – 3h): Assessment 12 possible points**
  Materials include a system of assessments that identify how materials provide tools, guidance, and support for teachers to collect, interpret, and act on data about student progress toward the standards.

- **Criterion 3.3 (3i – 3o): Student Supports 14 possible points**
  Materials are designed to encourage students' regular and active participation in grade-level, grade-band, or series content.

- **Criterion 3.4 (3p – 3s): Intentional Design 8 possible points**
  Materials are visually engaging and reference or integrate digital technology (when applicable), with teacher guidance.

Criterion 3.1: TEACHER SUPPORTS			
INDICATORS OF SUPERIOR QUALITY	**GUIDING QUESTIONS**	**EVIDENCE OF HOW THE MATERIALS**	**SCORE**
3a. Materials include clear teacher directions, annotations, and suggestions to effectively deliver content and engage students. (2 points)	• Do materials include clear instructional guidance and examples for teachers? • Are student misconceptions anticipated and addressed? Are adult-level explanations provided to support teacher content knowledge?	• Lesson overviews, annotations, and teaching tips • Misconception alerts • Explanations of complex concepts for teacher understanding	0 1 2
3b. Lessons include explicit connections to relevant standards, explaining how they fit into the broader instructional program. (2 points)	• Do materials clearly align with state, CTE, or career-readiness standards? • Is the role of standards explained in the context of the program?	• Standards alignment charts • References to CTE/career-ready frameworks • Explanation of how standards guide instruction	0 1 2

3c. Materials offer tools and strategies to inform and involve students, parents, and caregivers in supporting learning at home. (2 points)	• Are there tools to inform parents, caregivers, and students? • Are suggestions included to support learning at home? • Are resources available in multiple languages?	• Letters, handouts, or parent portals • Multilingual resources • Home engagement tips or activity suggestions	**0 1 2**
3d. A complete inventory of required materials—both print and digital—is included to support lesson delivery and activities. (2 points)	• Is there a complete list of all materials (digital and physical) needed for instruction? • Are resources organized and easy to access?	• Master supply lists per unit or lesson • Tech tool requirements • Printable/downloadable supply checklists	**0 1 2**

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TOTAL SCORE CRITERION 3.1
Meets: 7-8 points | **Partially Meets:** 5-6 points | **Does Not Meet:** 0-4 points

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Criterion 3.2: ASSESSMENTS

INDICATORS OF SUPERIOR QUALITY	GUIDING QUESTIONS	EVIDENCE OF HOW THE MATERIALS	SCORE
3e. Assessments clearly identify the standards being measured and ensure all course standards are covered by year's end. (2 points)	• Do assessments clearly indicate the standards being assessed? • Are all relevant standards covered by the end of the course or year?	• Standards-to-assessment correlation charts • Unit or end-of-course standards checklists • Explicit labeling of assessed standards	**0 1 2**
3f. A range of assessments (formative and summative) is included throughout the program, along with rubrics, scoring guidance, and teacher supports for interpreting results and planning next steps. (4 points)	• Are both formative and summative assessments included across the curriculum? • Is there guidance for scoring and interpreting results? • Are suggestions provided for next steps based on assessment data?	• Rubrics, scoring guides, and sample responses • Teacher directions for adjusting instruction based on data • Variety of assessments: exit tickets, projects, quizzes	**0 2 4**
3g. Assessments provide multiple formats (e.g., written, oral, performance tasks) and evaluate the full complexity of grade-level or course-level expectations. (4 points)	• Do assessments allow students to demonstrate understanding in different formats? • Do tasks align with the full depth and rigor of standards?	• Assessments using writing, discussion, oral presentations, problem-solving, drawing, modeling, etc. • Complex tasks with multi-step reasoning	**0 2 4**

	Are performance tasks included?	Constructed responses and performance-based assessments	
3h. Materials include accommodations (e.g., text-to-speech, enlarged text) that allow all students to demonstrate understanding without altering assessment content, with guidance for teacher use. (2 points)	• Are accommodations included to support diverse learners without changing assessment content? • Is there guidance on how to apply them?	• Accessibility options (e.g., text-to-speech, font adjustments) • Teacher notes on accommodating ELs, SPED, or other needs • Guidance that maintains rigor while ensuring access	**0 1 2**

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TOTAL SCORE CRITERION 3.2
Meets: 10-12 points | **Partially Meets:** 7-9 points | **Does Not Meet:** 0-6 points

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Criterion 3.3: STUDENT SUPPORTS

INDICATORS OF SUPERIOR QUALITY	GUIDING QUESTIONS	EVIDENCE OF HOW THE MATERIALS	SCORE
3i. Materials offer strategies and accommodations to ensure active participation of students with varied learning needs without altering content. (2 points)	• Are accommodations and strategies provided for all learners without changing content expectations?	• Text-to-speech, font adjustments • Scaffolded instruction for special populations	**0 1 2**
3j. Materials provide enrichment or advanced tasks for students to explore content at greater depth and complexity. (2 points)	• Do materials offer deeper-level tasks for students ready to engage in advanced content?	• Open-ended challenges • Activities promoting analysis, synthesis, or real-world application	**0 1 2**
3k. Materials include varied learning tasks and allow students to demonstrate and monitor their understanding over time. (2 points)	• Do students engage in different formats and track their learning over time?	• Reflective tasks, portfolios • Visual, oral, written expression of learning	**0 1 2**
3l. Materials guide teachers in using varied grouping formats to promote student interaction and collaboration. (2 points)	• Are grouping formats and strategies clearly defined for teachers?	• Guidance on when/how to group • Activities supporting peer interaction	**0 1 2**
3m. Materials include strategies and accommodations to support multilingual learners in participating fully in instruction. (2 points)	• Are there strategies to help ELs participate in grade-level work?	• Language scaffolds • Guidance on differentiating between language and content needs	**0 1 2**

INDICATORS OF SUPERIOR QUALITY	GUIDING QUESTIONS	EVIDENCE OF HOW THE MATERIALS	SCORE
3n. Materials encourage and guide teachers to incorporate students' home languages to support learning (2 points)	• Do materials encourage leveraging students' home languages?	• Strategies using home language to support tech learning • Emphasis on multilingualism as an asset	**0 1 2**
3o. Materials include scaffolds and strategies to support students reading below grade level. (2 points)	• Are lessons adapted for struggling readers without lowering rigor?	• Pre-reading supports • Multiple entry points and representation types	**0 1 2**

TOTAL SCORE CRITERION 3.3 **Meets:** 11-14 points | **Partially Meets:** 8-10 points | **Does Not Meet:** 0-7 points	

Criterion 3.4: INTENTIONAL DESIGN

INDICATORS OF SUPERIOR QUALITY	GUIDING QUESTIONS	EVIDENCE OF HOW THE MATERIALS	SCORE
3p. Materials use interactive tools, virtual manipulatives, or dynamic software to enhance engagement and support learning goals. (2 points)	• Do materials include engaging digital tools (e.g., simulations, virtual manipulatives, interactive elements)? • Do these tools directly support learning goals?	• Interactive simulations, apps, or videos that align with objectives • Technology embedded in lessons for active learning	**0 1 2**
3q. Digital components include opportunities for teacher-student, student-student, or teacher-teacher collaboration. (2 points)	• Do materials promote collaboration (e.g., forums, shared projects, communication tools)? • Can students and teachers interact through the platform?	• Digital spaces for discussion or feedback (e.g., chats, shared docs) • Group tasks requiring collaborative tools or submissions	**0 1 2**
3r. Visual elements (e.g., graphics, models, layout) are organized, relevant, and support understanding without being distracting. (2 points)	• Is the design clear, uncluttered, and focused on student learning? • Are visuals meaningful and not distracting?	• Clean layout with consistent formatting • Relevant charts, images, and diagrams • Functional navigation (e.g., table of contents, hyperlinks)	**0 1 2**
3s. Resources include clear instructions for using embedded tech, are compatible with common LMS platforms, browsers, and school devices. (2 points)	• Is there guidance for teachers on using embedded tech? Are tools compatible with school systems (LMS, browsers, devices)?	• Tech setup instructions or video tutorials • Compatibility details (LMS/browser/device) Embedded tech guidance in teacher manuals	**0 1 2**

		TOTAL SCORE CRITERION 3.4
		Meets: 7-8 points **| Partially Meets:** 5-6 points **| Does Not Meet:** 0-4 points

Gateway 3 Points AVAILABLE	Gateway 3 Points ACHIEVED	GATEWAY 3 RATING
42	Sum of Criterion 3.1, 3.2, 3.3, and 3.4 points	☐ **Meets** (score of 31-42 points) ☐ **Partially Meets** (score of 22-32 points) ☐ **Does Not Meet** (score of 0-21 points)

TOTAL SCORE (Gateway 1, 2, and 3)			
GATEWAY 1	**GATEWAY 2**	**GATEWAY 3**	**GRAND TOTAL**
of 24 points	of 14 points	of 42 points	**of 76 points**